

A look inside First Grade...

Mathematics - The children are first introduced to the qualities of the numbers, Whole numbers up to 12, counting (0-100, upwards and back), roman numerals, skip counting for 2s, 5s, and 10s. All four operations are introduced in first grade. (Addition, Subtraction, Multiplication and Division)

Sciences -Nature Studies through nature stories
Science is introduced through observation and stories of the world around them. The Waldorf approach to science – as well as to learning in general – is to cultivate an attitude in young children of awe, an attitude which will allow them to see the marvels of science around them.

Storytelling - Theme - Fairytales and Nature Stories
Teachers share traditional fairy tales and folk tales from around the world. Literacy is developed through rich vocabulary used in storytelling. Recitation of poems, alliterative tongue twisters, and verses exercise the speaking and memory skills.

Language Arts -Upper and lowercase letters, reading from own writing, phonics, short plays, choral recitation of rich poetry. Writing is taught by introducing the alphabet through pictures, stories and sound symbols. Great attention to the beauty and the correct formation of letters in handwriting.

Form Drawing - Straight and curved lines, circles, spiral, running forms made of straight and curved line.

Geography - Nature through observation

History - Fairy Tales and Folktales

First Grade Specialty Classes

Foreign Language

Songs, games, poems, stories, colors, numbers, basic vocabulary. Español lessons occur twice each week. Our Español instruction is an immersive language class.

Art

The students work on special art projects for the many special occasions/holidays/celebrations throughout the year. The projects created in class are made with mixed media.

Handwork - Finger knitting, two-needle knitting
Knitting for coordination, focus and understanding patterns.

Music

Daily singing and introduction to pentatonic flute

Eurythmy

Rhythmic movement that teaches timing, coordination and spatial awareness.

Games

Seasonal games, cooperative games, circle games and activities, jump rope, hand-clapping games, simple dances. Students play imaginative games which include running, jumping, skipping, which provide both exercise and lessons in team work.